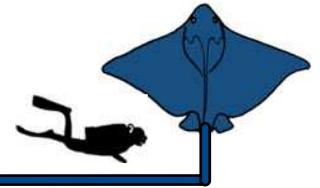


# FISH TALES

Haslemere Sub Aqua Club

February 2013



**Alton College diver training session** in preparation for an expedition to Cuba by the biology department staff and students.  
**Thurs 7 Feb 7.45pm at The Herons**



**HSAC Open Night**  
**Thurs 28 Feb**  
**8pm at The Herons**



**Calling all members** - please come along and help make these two evenings a success! Instructors, divers, trainees and social members - come and chat to the college students, try divers, and potential new members, help with getting the kit together, training or taking try dives.



## Thinking outside the box

**Memory Challenge** - Memories and breath-holding were put to the test in Steve Bond's underwater challenge on 6th December. Steve Trussler won the wine by describing most accurately the collection of 10 random items Steve Bond had placed in a box in the deep end of the pool, allowing each person a maximum of one breath up to 30 seconds to study them before surfacing and relating everything to Peter, waiting on the poolside.

Assessing descriptions of a large pink and rattling egg-shaped toy, a mobile phone, a strange blue and yellow thing that wasn't a bicycle pump, a cockle shell and a toy yellow shell, and rating our scores at between 6/10 and 9/10, Steve concluded that nitrogen narcosis must occur at shallower depths than previously thought - *"some items described were not even in the pool let alone the box!"*

## Social events

**Bingo Quiz** 10th November - despite the best efforts of an excellent quiz master, the rules of play at first appeared to pose as much of a challenge as the quiz questions themselves!



However, once underway, there was no stopping Yvette and her winning table. Even without the benefit of winners' prizes, everyone enjoyed the Club bar and an amazing spread of salads, and



quiches and pizzas which miraculously continued to emerge one after another from a single tiny oven!

Thanks to Fox, Sandy and Suzy for organising and catering for a brilliant evening;



there are plans to run another quiz soon, (before we've had time to forget how the bingo bit works!)

**Dinner Dance** - Another excellent social evening



on 1st December at the Punchbowl Hotel, with a great live band, good food and good company. Thanks to Sandy and Fox!

**20th December at the Mill Tavern** - Pre-Christmas drinks took the place of pool training on the final Thursday before Christmas to help everyone get into the swing of Christmas intake and lack of exercise!

**Bonus ball** - drawn at the end of the year, was won by Nikki with the number 34 - congratulations! Thanks to Fox for organising another fun fundraiser!

## Sub Aqua Association - SE

Stefan Heathfield has taken over as the SAA's SE Regional Representative in a new, smaller and more manageable region covering London, Kent, Surrey and Sussex.

Stefan organised a regional meeting in November, and is keen to reinvigorate the region's activities. Please speak to Peter about any SAA regional training courses that you're interested in. Do sign up to the SE regional SAA e-mail list, now being organised by Tony Howard, Ifield Divers, so you get information about upcoming meetings, courses and dive spaces. [SAA-SE@yahoo.co.uk](mailto:SAA-SE@yahoo.co.uk)  
<http://uk.groups.yahoo.com/group/SAA-SE/>

Michael Hutton has circulated details of the SAA's insurance cover, which includes accident and third party liability for all members, but only where you are diving according to the SAA's guidelines, which includes getting DO permission for all of your dives.

## Training and Lectures



We were back to training at the Herons early in the New Year, with pool session on 3rd January, and lectures now well back underway. Thanks to TO, Peter, for organising various lectures, for Elementary Diver, Open Water Diver and Club diver over the past few months. For an entertaining reminder of CPR without ventilations, take a look at Vinnie Jones' take on 'Staying Alive!' [www.youtube.com/watch?v=ILxjxfB4zNk](http://www.youtube.com/watch?v=ILxjxfB4zNk).

In December, Peter went through to update the trainees' log books while videos from HSAC dives on the Mixon Hole and Mulberry Harbour served to prove that the sun always shines as we launch the dive boats with ease off the Bracklesham slipway, visibility can be wonderful off the Sussex coast, and dive sites are full of fish and other marine life!

## 2013 Dive Programme

The main Club summer diving weekend away this year is to the Farne Islands, being organised by



Sandy Catnach. DO, Mike, is also working on the rest of the diving schedule and will be organising a dive planning meeting.

## Kit and springtime servicing

Paul W and Steve T have options for getting tanks tested and kit serviced under a bulk order. Please speak to them if you're interested.

The Committee is planning to buy a few extra sets of training kit for trainees.



## AGM

The Herons was the venue for the Club's 2012 AGM, on Thurs 22nd Nov, with reports from the committee members on the past year's activities.

Our 2013 Committee stays much the same as 2012, but Sandy Catnach is taking a well-deserved break from organisation of social events, being replaced by Tony (who is returning to the role again). Chris Pitts is taking over the role of ADO from Sandy Busek while Mark Pyne takes over from Steve Bond as ATO. The AGM noted thanks to Sandy, Steve and Sandy, as well as the many members who have contributed to a successful year for HSAC, including Yvette organising several dives, Paul and Suzy organising slot car racing and Clare for organising the Porthkerris trip once again!

**2013 Committee:** Paul Williams (Chair), Liz (Secretary), Michael Hutton (Membership), Liam (Treasurer), Fox & Tony (Social), Mike Trussler (DO), Chris Pitts (ADO), Peter (TO) Mark Pyne (ATO), Steve Trussler and Phil (Equipment), Bryony (FishTales).

## Committee meetings

The new Committee met on 27th November 2012. The first meeting of 2013 was postponed until 5th February, due to the snow.

**Haslemere Sub-Aqua Club** is an active diving, training and social Club, welcoming both qualified divers and new trainees at any time throughout the year. We meet and train at The Herons Pool, Kings Road, Haslemere GU27 2QA every Thursday evening, except at Christmas, and in the summer holidays, when an alternative programme of events is organised. We organise a full programme of diving throughout the summer in the UK, as well as Club holidays abroad.

As a member of the **Sub Aqua Association**, Haslemere Sub-Aqua Club (SAA 259) follows the SAA diver training programme, leading to qualifications which are recognised world-wide. The training is designed to build confidence and enhance skills through a series of lectures, pool sessions and open water dives. Experienced instructors provide one-to-one and group tuition in a friendly environment.

[www.haslemeresubaquaclub.com](http://www.haslemeresubaquaclub.com)

[info@haslemeresubaquaclub.com](mailto:info@haslemeresubaquaclub.com)

